

**MOA HAWAI'I
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Administrative Assistants:

Mallori Choy
Ceronda Encencio
Brianna Goo
Dick Mills

Nature Garden:
Teri June Amuro

Phone: (808) 952-6900

Fax: (808) 566-6911

E-mail: info@moahawaii.org

Website: www.moahawaii.org

MOA Wellness Center

Office Hours

Mon-Fri 9:00am-5:00pm

Sat. 9:00am-3:00pm

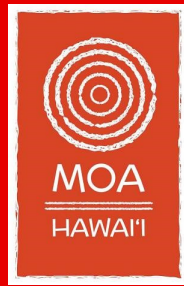
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MOA Hawai'i Newsletter

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JUNE 2018

EXECUTIVE DIRECTOR'S MESSAGE

Aloha!

This month's theme is "purification." Mokichi Okada wrote the following regarding *The Principle of Purification*.

In the spiritual world, the fire element is gradually increasing as the spiritual world moves into the World of Day. This is because the sun is the source of the fire element's radiating energy. In addition to its effectiveness in healing illnesses, there is another important matter about the fire element. An increase in the quantity of the fire element in the spiritual world will further stimulate the purification process of the human body. Changes in the spiritual world directly affect the spiritual body. An increase in the quantity of the fire element has a parallel effect—the intensification of the power to purify the clouding on the spiritual body. (The Transition from Night to Day; February 5, 1947)

People often say, "After the fire come prosperity." This also means that people were blessed with good fortune because the purification was complete. This

was true even for the Atami City fire of 1950 when Atami City's entire business district was gutted. Today, that same district is thriving. Misfortune is a form of purification; and when that process is complete, circumstances will improve. True peace of mind occurs only when a person recognizes that whether you experience illness or good health, both are good. It is quite the opposite for non-believers for whom suffering continues to produce suffering. Impatience impels circumstances to worsen. Ultimately, these non-believers sink into an abyss of misery. The secret to happiness and good fortune is accepting and understanding that purification is good and welcoming it. (Understand God's Will!; December 2, 1953)

To study this month's theme further, we will have a seminar on "purification" at the MOA Wellness Center on Wednesday, June 27, 2018, from 9:30-11:00 a.m. Please call the Wellness Center at 952-6900 to reserve your space.

Norman Oshiro
Executive Director



MOA KOHRINKA

MOA Kohrinka flower classes are based on Mokichi Okada's deep respect for the life of flowers and its positive influence on man. He arranged flowers using and expressing the best features found in Nature.

The Kohrinka curriculum stresses three basic concepts:

- 1) Care for the flowers
- 2) Care for the implements
- 3) Etiquette in arranging. The joy of arranging beautiful flowers will enrich your life.

Classes

Jessie Nakata: 2nd & 4th Tuesday - 6:30-8:30 pm
2nd & 4th Thursday - 4:30-6:30 pm

Karen Takane: 2nd & 4th Saturday - 9:30 am -12:00 pm

Roy Goshi-Otaguro / Phyllis Tom: 4th Saturday - 10:00 am -12:00 pm

Brian Nakano / Hiroe Suenaga: 4th Saturday -1:00-3:00 pm

Frances Okazaki / Jon Liu: 2nd Friday - 6:00-8:30 pm

Classes are open to students of all ages. For more information, please contact Arts & Culture Manager, Roy Goshi-Otaguro, at 222-2031.

Cost

- Class Fee: \$10 Per Session
- Students under 18 yrs.: \$5 Per Session
- Plus cost of flowers

New Students

- One time initiation fee to join MOA (\$25)
- MOA Kohrinka Textbook (\$20)
- MOA Kohrinka Guidebook I & II (\$8 each)
- Kohrinka Notebook (\$1)



The MOA Supporter System

We cordially invite you to be a part of our MOA Supporter System. MOA Supporters contribute a vital piece to the overall development and expansion of all our outreach and community activities. Together, we will make a difference for the welfare of society.

Questions: please contact us at:
(808) 952-6900
Email: info@moahawaii.org
Website: www.moahawaii.org

Name(s) _____

Address _____

City _____ State ____ Zip Code _____

Telephone () _____

Fax () _____

Cell Phone () _____

Email _____

TYPE

- \$25 Individual
 \$50 Family (2 or more individuals)

PAYMENT

- Check enclosed
 Charge my credit card
 VISA MC Discover JCB

Name _____

Card no _____

Exp. Date _____

Security code _____

Signature _____

Make checks payable to: **MOA Hawaii**.
Pledges and gifts for higher amounts can be made as monthly or quarterly gifts. Donations to MOA Hawaii are tax deductible.

MOA HAWAII'

JUNE 2018

MOA HAWAII' • 600 QUEEN STREET C-2 • HONOLULU, HI 96813
 Phone: 808-952-6900 • Fax: 808-566-6911 • Website: www.moahawaii.org • Email: info@moahawaii.org
 MWC Hours of Operation: Mon-Fri 9:00am–5:00pm, Sat. 9:00am–3:00pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
* Kohrinka (Flower Arranging) Classes are held at the Toho No Hikari Social Hall, 3510 Nuuanu Pali Dr					1	2 Shodo Class (Japanese Calligraphy) @ TNH Social Hall 10:00-11:00am
3	4	5 Dr. Garcia 10:00am-12:00pm OHWP Committee w/ Dr. Garcia 12:00 to 1:00pm Yoga with Mallori 5:30-6:30pm	6 HPS @ Kaneohe Community Center 8:30-10:30am MOA BOD Meeting 6:30pm	7	8 Okazaki/Liu *Kohrinka 6:00pm	9 Takane *Kohrinka 9:30am-12:00pm HPS @ Valley of the Temples Byodo-in 12:00-3:00pm
10	11 HPS @ Pearlridge Center 8:30-10:30am	12 Yoga with Mallori 5:30-6:30pm Nakata *Kohrinka 6:30pm	13 HPS @ Kaneohe Community Center 8:30-10:30am	14 Nakata *Kohrinka 4:30pm	15 *Intro to MOA Hawaii 3:00pm (Oshiro)	16
17 MOA Nature Garden Volunteer Day @ 3510 Nuuanu Pali Dr. 9:00am	18	19 Dr. Garcia 10:00am-12:00pm OHWP Committee w/ Dr. Garcia 12:00 to 1:00pm Yoga with Mallori 5:30-6:30pm	20 HPS @ Kaneohe Community Center 8:30-10:30am	21	22	23 Takane *Kohrinka 9:30am-12:00pm Otaguro/Tom *Kohrinka 10:00am-12:00pm Nakano/Suenaga *Kohrinka 1:00-3:00pm
24	25 HPS @ Pearlridge Center 8:30-10:30am	26 Dr. Garcia 10:00am-12:00pm Yoga with Mallori 5:30-6:30pm Nakata *Kohrinka 6:30pm	27 HPS @ Kaneohe Community Center 8:30-10:30am * MOA Seminar on "Purification" 9:30-11:00am (Oshiro)	28 OHWP Lifestyle Improvement Program Extended Session w/Lunch 9:00am-1:00pm Nakata *Kohrinka 4:30pm	29 OHWP Lifestyle Improvement Program Extended Session 9:00am-11:30pm	30 OHWP Lifestyle Improvement Program Intensive Session w/Lunch 9:00am-3:00pm

*Please register for these courses by contacting the MOA Wellness Center at 952-6900: MOA Seminar, Introduction to MOA.

MAUI MATSURI

Members of MOA Maui did a flower circle for about 300 people at the Maui Matsuri on Saturday, May 5, at the University of Hawaii Maui College. Many people said they look forward to the flower circle every year and that it was the highlight of the Matsuri. Koichi Ito, Consul General of Japan, and Mrs. Misako Ito enjoyed the flower circle.



Health Promotion Seminars

(open to the public)

Pearlridge Center-Uptown—8:30 – 10:30 a.m. - Monday, June 11 and 25

Kaneohe Community & Senior Center—Wednesday, June 6, 13, 20, 27

Valley of the Temples Byodo-in—12:00-3:00 p.m. - Saturday, June 9



MOA Hawai'i
600 Queen Street, C-2
Honolulu, HI 96813