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Executive Director

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MOA Wellness Center Director

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Arts & Culture Program Manager

Ruby Gines  
Operations and Facility  
Assistant Manager

Teri June Amuro  
Administrative Assistant

Dick Mills  
Administrative Assistant

Ceronda Enocencio  
Administrative Assistant

Kamala Skipper  
Administrative Assistant

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MOA Wellness Center

Office Hours

Mon-Fri 9:00am-5:00pm

Sat. 9:00am-3:00pm

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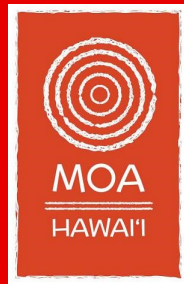
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# MOA Hawai'i Newsletter

VOLUME 4, ISSUE 9

SEPTEMBER 2017

## EXECUTIVE DIRECTOR'S MESSAGE

Aloha,

This month's topic is on *New Medicine*.

Mokichi Okada stated: "I have created 'medicine that truly heals', a way to lead a healthy life through which one will not contract illnesses, and a wellness program that makes longevity possible." (1935)

"I have devoted myself to studying this problem for decades. I was able to identify its source as a result of unique research that did not rely on medicine. That is, there is a great error lying concealed in the bases of medical science itself. In that way, I have succeeded in making human beings energetic, healthy people by eliminating the suffering of illnesses. As a result of that, I have succeeded in making it possible to extend longevity. Actually, the great ideal, for which humanity has been hoping for thousands of years, has been realized here.

Everyone believed that saying the "prolongation of human life" was no more than a dream. In this sense, there has been nothing throughout the history of humanity that compares favorably with the worth of this kind of great discovery. Consequently, I hold the unshakeable belief that at the time when this new healing art is spread throughout the world, the world cannot help but start a great revolution..." February 5, 1947)

He also said: "It is a good idea, therefore, to hold study sessions or discussions about illnesses. When you do not understand something about illness, I urge you to ask me questions, even in writing. The point is we have to blaze our own trail toward the establishment of true medicine —spiritual medicine—the new medical science. In contrast to present-day medical science, it is not necessary to know much about anatomy. Of course, attempting to cure illnesses only by the spiritual method is time-consuming, although it eventually works. If you can accurately locate the key points when administering Purifying Therapy, you can cure an illness quickly; if Purifying Therapy is administered to the wrong area, the healing process is prolonged. That is why you should have good knowledge of both the spiritual and physical facts." (August 5, 1953)

Norman Oshiro  
Executive Director

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MOA Hawaii Presents:

### *New Medicine*

An in-depth discussion on the MOA Concept of "New Medicine" will be held at the MOA Wellness Center on Wednesday, September 28, from 9:30-11:00 a.m.

Please call 952-6900 to reserve your space.



# MOA KOHRINKA

MOA Kohrinka flower classes are based on Mokichi Okada's deep respect for the life of flowers and its positive influence on man. He arranged flowers using and expressing the best features found in Nature.

The Kohrinka curriculum stresses three basic concepts:

- 1) Care for the flowers
- 2) Care for the implements
- 3) Etiquette in arranging. The joy of arranging beautiful flowers will enrich your life.

## Nuuanu (3510 Nuuanu Pali Drive)

Jessie Nakata

2nd & 4th Tuesday 6:30 pm—8:30 pm

2nd & 4th Thursday 4:30 pm—6:30 pm

## Kahala

Karen Takane

2nd & 4th Saturday 9:30 am—12:00 pm

For more information, please contact Arts & Culture Manager, Roy Goshi-Otaguro, at 222-2031.

## Cost

- Class Fee: \$10 Per Session (includes flowers)
- \$5 for students under 18 yrs.

## New Students

- One time initiation fee to join MOA (\$25)
- Textbooks
- MOA Kohrinka Textbook (\$20)
- MOA Kohrinka Guidebook (\$8)
- Kohrinka Notebook (\$1)



## The MOA Supporter System

We cordially invite you to be a part of our MOA Supporter System. MOA Supporters contribute a vital piece to the overall development and expansion of all our outreach and community activities. Together, we will make a difference for the welfare of society.

Questions: please contact us at:  
(808) 952-6900 • Email: [info@moahawaii.org](mailto:info@moahawaii.org)  
Website: [www.moahawaii.org](http://www.moahawaii.org)

Name(s) \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip Code \_\_\_\_\_

Telephone ( ) \_\_\_\_\_

Fax ( ) \_\_\_\_\_

Cell Phone ( ) \_\_\_\_\_

Email \_\_\_\_\_

### TYPE

- \$25 Individual
- \$50 Family (2 or more individuals)

### PAYMENT

- Check enclosed
- Charge my credit card
- VISA  MC  Discover  JCB

Name \_\_\_\_\_

Card no \_\_\_\_\_

Exp. Date \_\_\_\_\_

Security code \_\_\_\_\_

Signature \_\_\_\_\_

Make checks payable to: **MOA Hawaii**.  
Pledges and gifts for higher amounts can be made as monthly or quarterly gifts. Donations to MOA Hawai'i are tax deductible.

# MOA HAWAII

## SEPTEMBER 2017

MOA HAWAII • 600 QUEEN STREET C-2 • HONOLULU, HI 96813

Phone: 808-952-6900 • Fax: 808-566-6911 • Website: [www.moahawaii.org](http://www.moahawaii.org) • Email: [info@moahawaii.org](mailto:info@moahawaii.org)

MWC Hours of Operation: Mon-Fri 9:00am–5:00pm, Sat. 9:00am–3:00pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
* Kohrinka (Flower Arranging) Classes are held at the Toho No Hikari Social Hall, 3510 Nuuanu Pali Drive	<b>FOODLAND GIVE ALOHA PROGRAM (9/1-9/30)</b>  MOA HAWAII #78653			<b>8/31</b> Lifestyle Improvement Program Extended Session 9:00am-1:00pm	<b>1</b> Lifestyle Improvement Program Extended Session 9:00am-12:00pm	<b>2</b> Lifestyle Improvement Program Intensive Session 9:00am-4:00pm
<b>3</b>	<b>4</b> <b>Labor Day (HOLIDAY)</b>  <b>MWC CLOSED</b>	<b>5</b> Dr. Garcia 10:00am-12:00pm	<b>6</b> MOA Board Meeting 6:30pm	<b>7</b>	<b>8</b> Okazaki/Liu *Kohrinka 6:00pm	<b>9</b> Takane/Kikuchi *Kohrinka 9:30am-12:00pm  OHWP @ Valley of the Temples Byodo-in 12:00-3:00pm
<b>10</b>	<b>11</b> OHWP @ Pearlridge Shopping Center 8:30-10:30am  *PT Continuing Ed Level II (Intermediate) 9:30am (Japanese)	<b>12</b> Dr. Garcia 10:00am-12:00pm  Shoda/Suenaga *Kohrinka, 12:30-2:30pm  Nakata *Kohrinka 6:30pm	<b>13</b> *PT Continuing Ed Level II (Intermediate) 6:30pm	<b>14</b> Nakata *Kohrinka 4:30pm	<b>15</b> *PT Continuing Ed Level II (Intermediate) 9:30am  *Intro to MOA Hawaii 3:00pm	<b>16</b> *PT Continuing Ed Level II (Intermediate) 1:00pm  Shodo Class (Japanese Calligraphy) @TNH Social Hall 10:00-11:00am
<b>17</b>	<b>18</b> * PT Continuing Ed Level I (Basic) 10:00am	<b>19</b> Dr. Garcia 10:00am-12:00pm  Nakata *Kohrinka 6:30pm	<b>20</b> OHWP @ Kaneohe Community Center 8:30-10:30am  Iwamoto Branch Continuous Care 7:00pm  *PT Continuing Ed Level I (Basic) 9:30am	<b>21</b> Nakata *Kohrinka 4:30pm	<b>22</b>	<b>23</b> Takane/Kikuchi *Kohrinka 9:30am-12:00pm  Otaguro/Tom *Kohrinka 10:00am-12:00pm  Nakano/Suenaga *Kohrinka 1:00-3:00pm
<b>24</b>	<b>25</b> OHWP @ Pearlridge Shopping Center 8:30-10:30am	<b>26</b> Dr. Garcia 10:00am-12:00pm	<b>27</b> OHWP @ Kaneohe Community Center 8:30-10:30am  * MOA Seminar "New Medicine" 9:30-11:00am	<b>28</b> Lifestyle Improvement Program Extended Session 9:00am-1:00pm	<b>29</b> Lifestyle Improvement Program Extended Session 9:00am-12:00pm	<b>30</b> Lifestyle Improvement Program Intensive Session 9:00am-4:00pm  <b>FOODLAND GIVE ALOHA PROGRAM Last Day</b> 

\*Please register for these courses by contacting the MOA Wellness Center at 952-6900: MOA Seminar, Introduction to MOA, MOA Purifying Therapy Continuing Education Courses—Level I (Basic) and Level II (Intermediate)

Sunrise Foundation Presents:

## JOURNEYS TO WELLNESS VI

Saturday, October 14, 2017

8:00 a.m.—3:00 p.m.

Community Church of Honolulu

Cost: \$25 prepay; \$30 at the event (includes lunch and materials)

- ◆ Program includes Purifying Therapy, Art, Beauty, and Nutrition by MOA Volunteers.
- ◆ Information and registration form available at the MOA Wellness Center.
- ◆ To volunteer as a MOA therapist at the event, please contact Norman Oshiro at 1-808-281-2331.



Foodland's *Give Aloha Program* runs from **September 1 - 30** at all Foodland and Sack 'N

Save supermarkets statewide. The maximum amount you can donate is \$249 per Maika'i card per organization. You must present your Maika'i card when making a donation.

**MOA Hawaii's organization code is 78653.**

Please send a copy of your receipt with your name and contact information to MOA Hawaii to get credit for your donation. Thank you!

## 2018 MOA STUDY TOUR TO JAPAN

There are plans to hold two study tours to Japan—tentatively in March and October 2018.

- Enjoy cherry blossoms in Kyushu or Shikoku in March and/or the beautiful fall season and colors in Hokkaido and/or Tohoku in October.
- Enjoy the various historical sites, beautiful nature, shrines, temples, museums, shopping centers; and Omotenashi (Japanese hospitality) by meeting and working with people of Japan; hot springs and kaiseki-style dinner, locally grown foods and shopping; MOA Museum of Art in Atami and Hakone Museum of Art and the surrounding Shinsenyô; and the Okada Health and Wellness Program at a local MOA Wellness Center in Japan.
- Each tour will have certain restrictions and maximum capacity.
- If you are interested, please submit your name to Steve Ichikawa at the MOA Center - 952-6900. Details pending.



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600 Queen Street, C-2  
Honolulu, HI 96813