

**MOA HAWAI'I
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MOA Wellness Center

Office Hours

Mon-Fri 9:00am-5:00pm

Sat. 9:00am-3:00pm

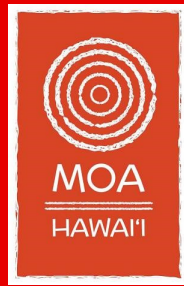
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MOA Hawai'i Newsletter

VOLUME 5, ISSUE 7

JULY 2018

EXECUTIVE DIRECTOR'S MESSAGE

Aloha,

Mokichi Okada wrote a book entitled "Saving America" in which he describes how important America is in saving the world from total destruction. He points out how America has much influence on the rest of the world and the mission of saving the world. But, there is a problem in America that needs to be resolved before it can fulfill its responsibility. America needs to be saved from negative forces that are influencing all aspects of the country. These negative influences are tearing the fabric that made America special and is the barrier for America to accomplish its mission.

Okada said: "... the dawning of a new age began from about mid-1931. With that as a turning point, the world of day began as the sun continues to rise gradually. Now, the world of bright light is about to come, and Paradise on Earth is about to materialize. In this sense, all mysteries, secrets, and social evils are being exposed to bright light. As one might put it, the time has come for cloudiness to become clear and places of concealment for evil to be eliminated."

"If the source of the three major afflictions of humans—illnesses, poverty, and conflicts—originates from evil, it is only natural that the world free of illnesses, poverty, and conflicts will develop by purging evil."

"Since the suffering of illness is undoubtedly the greatest of the

mentioned three major afflictions, even the source of illnesses becomes clear as a matter of course. The world free of illnesses will be realized within this context. Until today, explanation beyond some degree of the whole of everything like religions, as well as philosophy, education, and ideologies, has been considered an impossibility and people have assumed that they could not get to the innermost core of these matters...."

"Therefore, we must get people to realize that renouncing evil and changing to good is the best thing to do because evil cannot possibly beat good...."

"When I listen to accounts of countries like the United States, I understand that people firmly protest and will not back down at all until proper justice is achieved when their rights are disregarded or they are treated unreasonably. Social injustices will be prevented, righteousness will be defended, and a genuine democratic society will be realized only when citizens have this spirit... More specifically, good must prevail over evil." (Hikari Newspaper, Issue 11; May 31, 1949)

Join us on Wednesday, July 18, at 9:30 a.m. at the MOA Wellness Center to discuss more about how we can save America and the world.

Norman Oshiro
Executive Director



MOA KOHRINKA

MOA Kohrinka flower classes are based on Mokichi Okada's deep respect for the life of flowers and its positive influence on man. He arranged flowers using and expressing the best features found in Nature.

The Kohrinka curriculum stresses three basic concepts:

- 1) Care for the flowers
- 2) Care for the implements
- 3) Etiquette in arranging. The joy of arranging beautiful flowers will enrich your life.

Classes

Jessie Nakata: 2nd & 4th Tuesday - 6:30-8:30 pm
2nd & 4th Thursday - 4:30-6:30 pm

Karen Takane: 2nd & 4th Saturday - 9:30 am -12:00 pm

Roy Goshi-Otaguro / Phyllis Tom: 4th Saturday - 10:00 am -12:00 pm

Brian Nakano / Hiroe Suenaga: 4th Saturday -1:00-3:00 pm

Frances Okazaki / Jon Liu: 2nd Friday - 6:00-8:30 pm

Classes are open to students of all ages. For more information, please contact Arts & Culture Manager, Roy Goshi-Otaguro, at 222-2031.

Cost

- Class Fee: \$10 Per Session
- Students under 18 yrs.: \$5 Per Session
- Plus cost of flowers

New Students

- One time initiation fee to join MOA (\$25)
- MOA Kohrinka Textbook (\$20)
- MOA Kohrinka Guidebook I & II (\$8 each)
- Kohrinka Notebook (\$1)



The MOA Supporter System

We cordially invite you to be a part of our MOA Supporter System. MOA Supporters contribute a vital piece to the overall development and expansion of all our outreach and community activities. Together, we will make a difference for the welfare of society.

Questions: please contact us at:
(808) 952-6900
Email: info@moahawaii.org
Website: www.moahawaii.org

Name(s) _____

Address _____

City _____ State ____ Zip Code _____

Telephone () _____

Fax () _____

Cell Phone () _____

Email _____

TYPE

- \$25 Individual
 \$50 Family (2 or more individuals)

PAYMENT

- Check enclosed
 Charge my credit card
 VISA MC Discover JCB

Name _____

Card no _____

Exp. Date _____

Security code _____

Signature _____

Make checks payable to: **MOA Hawaii.**
Pledges and gifts for higher amounts can be made as monthly or quarterly gifts. Donations to MOA Hawaii are tax deductible.

MOA HAWAI'I JULY 2018

MOA HAWAI'I • 600 QUEEN STREET C-2 • HONOLULU, HI 96813
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 MWC Hours of Operation: Mon-Fri 9:00am–5:00pm, Sat. 9:00am–3:00pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Dr. Garcia 10:00am-12:00pm OHWP Committee w/ Dr. Garcia 12:00 to 1:00pm	4 Independence Day (HOLIDAY) MWC CLOSED	5 MOA BOD Meeting 6:30pm	6	7 Shodo Class (Japanese Calligraphy) @TNH Social Hall 10:00-11:00am
8	9 HPS @ Pearlridge Shopping Center 8:30-10:30am *PT Continuing Ed Level II 9:30am (Japanese) (Morimoto)	10 Dr. Garcia 10:00am-12:00pm Nakata *Kohrinka 6:30pm	11 HPS @ Kaneohe Community Center 8:30-10:30am *PT Continuing Ed Level II - 6:30pm (Oshiro)	12 Nakata *Kohrinka 4:30pm	13 *PT Continuing Ed Level II - 9:30am (Goshi-Otaguro / Kanemaru) Okazaki/Liu *Kohrinka 6:00pm	14 Food Advocate Course for Youths 9:00am-3:00pm Takane *Kohrinka 9:30am-12:00pm HPS @ Valley of the Temples Byodo-in 12:00-3:00pm Otaguro/Tom *Kohrinka 10:00am-12:00pm Nakano/Suenaga *Kohrinka 1:00-3:00pm *PT Continuing Ed Level II - 1:00pm (Ichikawa)
15 MOA Nature Garden Volunteer Day at 3510 Nuuanu Pali Dr. - 9:00am	16 * PT Continuing Ed Level I - 1:00pm (Ichikawa)	17 Dr. Garcia 10:00am-12:00pm OHWP Committee w/ Dr. Garcia 12:00 to 1:00pm	18 HPS @ Kaneohe Community Center 8:30-10:30am * MOA Seminar on "Saving America" 9:30-11:00am (Oshiro)	19	20	21
22	23 HPS @ Pearlridge Shopping Center 8:30-10:30am	24 Dr. Garcia 10:00am-12:00pm Nakata *Kohrinka 6:30pm	25 HPS @ Kaneohe Community Center 8:30-10:30am	26 OHWP Lifestyle Improvement Program Extended Session w/Lunch 9:00am-1:00pm Nakata *Kohrinka 4:30pm	27 OHWP Lifestyle Improvement Program Extended Session 9:00am-11:30pm	28 OHWP Lifestyle Improvement Program Intensive Session w/Lunch 9:00am-3:00pm Takane *Kohrinka 9:30am-12:00pm
29 MWC Cleanup Day 9:00am	30	31				* Kohrinka (Flower Arranging) Classes are held at the Toho No Hikari Social Hall, 3510 Nuuanu Pali Drive

*Please register for these courses by contacting the MOA Wellness Center at 952-6900: MOA Seminar, Introduction to MOA, Purifying Therapy [PT] Continuing Education Courses—Level I for Basic Level Therapist and Level II for Intermediate Level Therapist.

MOA SEMINAR

*... An in-depth discussion with
Norman Oshiro on the MOA
concept of "Saving America"*

MOA Wellness Center
600 Queen St. Suite C-2
Wednesday, July 18, 2018
9:30 – 11:00 a.m.

Call: 952-6900 to RSVP

HEALTH PROMOTION SEMINARS

(open to the public)

Pearlridge Center-Uptown

8:30 – 10:30 a.m.

Monday, July 9, 23

Kaneohe Community & Senior Center

8:30-10:30 a.m.

Wednesday, July 11, 18, 25

Valley of the Temples Byodo-in

12:00-3:00 p.m.

Saturday, July 14



MOA Hawai'i
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Honolulu, HI 96813