

MOA HAWAII
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MOA Wellness Center Director

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Arts & Culture Program Manager

Ruby Gines
Operations and Facility
Assistant Manager

Administrative Assistants:

Mallori Choy
Ceronda Enocencio
Brianna Goo
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Nature Garden:
Teri June Amuro

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MOA Wellness Center

Office Hours

Mon-Fri 9:00am-5:00pm

Sat. 9:00am-3:00pm

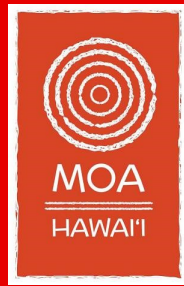
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MOA Hawai'i Newsletter

VOLUME 5, ISSUE 2

FEBRUARY 2018

EXECUTIVE DIRECTOR'S MESSAGE

Aloha!

This month, we are focusing on
"Makoto" (Love and Sincerity).

Mokichi Okada said:

*"Outward appearance is useless.
Makoto [(ove and sincerity) really
must exude from one's heart.
Therefore, it depends entirely on a
person's attitude. To be more
precise, a spirit of altruistic love is
fundamental."*

The goal of MOA is to develop
people with essential qualities like
altruism, kindness, modesty, and
refinement. By constantly having
gratitude and *makoto*, those
beautiful qualities become second
nature. By sincerely practicing
Purifying Therapy, flower arranging
and tea ceremony daily, we develop
gratitude and *makoto*.

Join us on Wednesday, February
28, 2018 at the MOA Wellness
Center from 9:30 to 11:00 a.m. for a
discussion on "Makoto" (Love and
Sincerity).

Norman Oshiro, Executive Director

Annual Membership Meeting and
New Year's Party
Sunday, January 21, 2018



Lucky number drawing by MC Dick Mills



Executive Director Norman Oshiro
presenting highlights of MOA programs

MOA Hawaii Members at Annual Meeting-
New Year's Party





MOA KOHRINKA

MOA Kohrinka flower classes are based on Mokichi Okada's deep respect for the life of flowers and its positive influence on man. He arranged flowers using and expressing the best features found in Nature.

The Kohrinka curriculum stresses three basic concepts:

- 1) Care for the flowers
- 2) Care for the implements
- 3) Etiquette in arranging. The joy of arranging beautiful flowers will enrich your life.

Classes

Jessie Nakata: 2nd & 4th Tuesday - 6:30-8:30 pm
2nd & 4th Thursday - 4:30-6:30 pm

Karen Takane: 2nd & 4th Saturday - 9:30 am -12:00 pm

Roy Goshi-Otaguro / Phyllis Tom: 4th Saturday - 10:00 am -12:00 pm

Brian Nakano / Hiroe Suenaga: 4th Saturday -1:00-3:00 pm

Frances Okazaki / Jon Liu: 2nd Friday - 6:00-8:30 pm

Classes are open to students of all ages. For more information, please contact Arts & Culture Manager, Roy Goshi-Otaguro, at 222-2031.

Cost

- Class Fee: \$10 Per Session
- Students under 18 yrs.: \$5 Per Session
- Plus cost of flowers

New Students

- One time initiation fee to join MOA (\$25)
- MOA Kohrinka Textbook (\$20)
- MOA Kohrinka Guidebook I & II (\$8 each)
- Kohrinka Notebook (\$1)



The MOA Supporter System

We cordially invite you to be a part of our MOA Supporter System. MOA Supporters contribute a vital piece to the overall development and expansion of all our outreach and community activities. Together, we will make a difference for the welfare of society.

Questions: please contact us at:
(808) 952-6900
Email: info@moahawaii.org
Website: www.moahawaii.org

Name(s) _____

Address _____

City _____ State ____ Zip Code _____

Telephone () _____

Fax () _____

Cell Phone () _____

Email _____

TYPE

- \$25 Individual
 \$50 Family (2 or more individuals)

PAYMENT

- Check enclosed
 Charge my credit card
 VISA MC Discover JCB

Name _____

Card no _____

Exp. Date _____

Security code _____

Signature _____

Make checks payable to: **MOA Hawaii.**
Pledges and gifts for higher amounts can be made as monthly or quarterly gifts. Donations to MOA Hawaii are tax deductible.

MOA HAWAI'I FEBRUARY 2018

MOA HAWAI'I • 600 QUEEN STREET C-2 • HONOLULU, HI 96813
 Phone: 808-952-6900 • Fax: 808-566-6911 • Website: www.moahawaii.org • Email: info@moahawaii.org
 MWC Hours of Operation: Mon-Fri 9:00am–5:00pm, Sat. 9:00am–3:00pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 Shodo Class (Japanese Calligraphy) @TNH Social Hall 10:00-11:00am
4	5	6 Dr. Garcia 10:00am-12:00pm Nakata *Kohrinka 6:30pm	7 HPS @ Kaneohe Community Center 8:30-10:30am MOA BOD Meeting 6:30pm *PT Continuing Ed Level II - 6:30pm (Oshiro)	8 Nakata *Kohrinka 4:30pm	9 *PT Continuing Ed Level II - 9:30am (Goshi-Otaguro / Kanemaru) Okazaki/Liu *Kohrinka 6:00pm	10 Takane *Kohrinka 9:30am-12:00pm HPS @ Valley of the Temples Byodo-in 12:00-3:00pm *PT Continuing Ed Level II - 1:00pm (Ichikawa)
11	12 HPS @ Pearlridge Shopping Center 8:30-10:30am *PT Continuing Ed Level II 9:30am (Japanese) (Morimoto) * PT Continuing Ed Level I - 1:00pm (Ichikawa)	13 Dr. Garcia 10:00am-12:00pm OHWP Committee w/ Dr. Garcia 12:00 to 1:00pm	14 HPS @ Kaneohe Community Center 8:30-10:30am	15	16 *Intro to MOA Hawaii 3:00pm (Oshiro) An Evening of Karaoke at MWC 5:30-8:00pm	17 *Flower and Tea Therapy Workshop 10:00am-3:00pm
18	19 President's Day (Holiday) MWC CLOSED	20 Dr. Garcia 10:00am-12:00pm Nakata *Kohrinka 6:30pm	21 HPS @ Kaneohe Community Center 8:30-10:30am	22 OHWP Lifestyle Improvement Program Extended Session w/Lunch 9:00am-1:00pm Nakata *Kohrinka 4:30pm	23 OHWP Lifestyle Improvement Program Extended Session 9:00am-11:30pm	24 OHWP Lifestyle Improvement Program Intensive Session w/Lunch 9:00am-3:00pm Takane *Kohrinka 9:30am-12:00pm Otaguro/Tom *Kohrinka 10:00am-12:00pm Nakano/Suenaga *Kohrinka 1:00-3:00pm
25	26 HPS @ Pearlridge Shopping Center 8:30-10:30am	27 Dr. Garcia 10:00am-12:00pm OHWP Committee w/ Dr. Garcia 12:00 to 1:00pm	28 HPS @ Kaneohe Community Center 8:30-10:30am * MOA Seminar on "Makoto" 9:30-11:00am (Oshiro)			* Kohrinka (Flower Arranging) Classes are held at the Toho No Hikari Social Hall, 3510 Nuuanu Pali Drive

*Please register for these courses by contacting the MOA Wellness Center at 952-6900: Art and Tea Therapy Workshop, MOA Seminar, Introduction to MOA, Purifying Therapy [PT] Continuing Education Courses—Level I for Basic Level Therapist and Level II for Intermediate Level Therapist.

Join the exciting MOA tour!

**October 22-November 3, 2018
11 Nights/13 Days**

**Osaka, Kyoto, Toyama, Kurobe, Unazuki,
Atami, Ohito, Hakone, Tokyo**

Highlights include: Hands-on experience of Okada's fine art collections, riding the latest model bullet train, making tea sweets; participating in a Chakai tea party, fall color mountains, organic tea farm, biggest Halloween night, plus good food and many other fun activities.

If you are interested, please submit your name to Steve Ichikawa at the MOA Center.

MOA Hawaii Presents

**An Evening of Karaoke at the
Wellness Center
Friday, February 16, 2018
5:30 to 8:00 pm**

Bring your wonderful singing voice to share with others along with \$5.00 donation and a pupu to share with all of your favorite people!



Flower and Tea Therapy Workshop

Saturday, February 17, 2018

10:00 a.m. – 3:00 p.m.

MOA Wellness Center

Cost - \$30

Call 952-6900 to register



**MOA Hawai'i
600 Queen Street, C-2
Honolulu, HI 96813**